

2024 ANNUAL CONFERENCE

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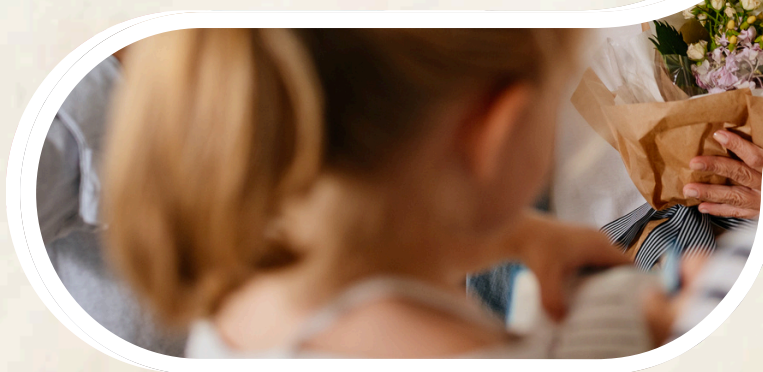
FEDERATION OF ASSOCIATIONS
FOR PATIENTS WITH RHEUMATIC AND
MUSCULOSKELETAL DISEASES
OF SOUTHERN EUROPE



PRELIMINARY
PROGRAMME

Malta

26-28
September 2024



***Mental health & clinical trials-
Different facets for a better
future***

2024 ANNUAL CONFERENCE

Mental health & clinical trials - Different facets for a better future

26- 28 September 2024

<https://www.agora-platform.eu/conference2024>

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General Information

Type of Event

On site. The sessions of the conference will be uploaded in the conference website for on demand use.

Venue

AX The Palace, High street, Sliema, Malta

Date

September 26-28, 2024

Registration

Electronic Registration is mandatory and required for all participants.

Attendance Type

Scientific Conference will be only on site with physical attendance
The delegates have access to the following:

- Scientific program
- e-Conference materials (i.e. e-program, certificate)
- Coffee, Lunch Breaks, Meals and Gala Dinner

Website

<https://www.agora-platform.eu/conference2024>

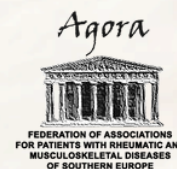
Arrivals: Thursday, 26 September, 2024
Departures: Sunday, 29 September, 2024

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**Event
Schedule**



Thursday, 26/09/2024

- Arrivals
- General Assembly
- Dinner at the hotel restaurant



Friday, 27/09/2024

Opening Session

Topic of the day: Clinical Trials

- 3 participative workshops
- Introductory speech/lecture/per workshop

Sight Seeing and gala dinner



Saturday, 28/09/2024

Mental Health

- 3 participative workshops
- Introductory speech/lecture/per workshop

Capability Building program

- 3 participative workshops
- Introductory speech/lecture/per workshop

Best practice session

Dinner



Sunday, 29/09/2024

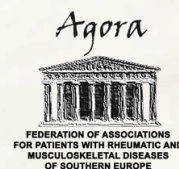
Departures

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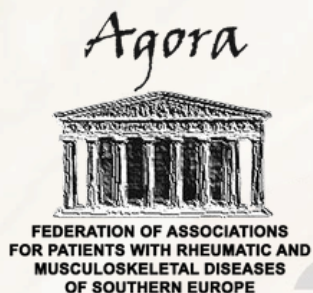
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General
Information

Organisers



with the cooperation of



The Board of Agora

Andri Phoka	President
Boryana Boteva	General Secretary
Sebastian Micallef	Treasurer
Ana Vieira	Member
Athanasia Pappa	Member

Conference Task Force

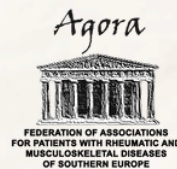
Andri Phoka - Chair
Katy Antonopoulou
Sina Bugeja
Igor Medojevic
Michal Nudel
Stalo Andronikou Papamichael
Mary Vella

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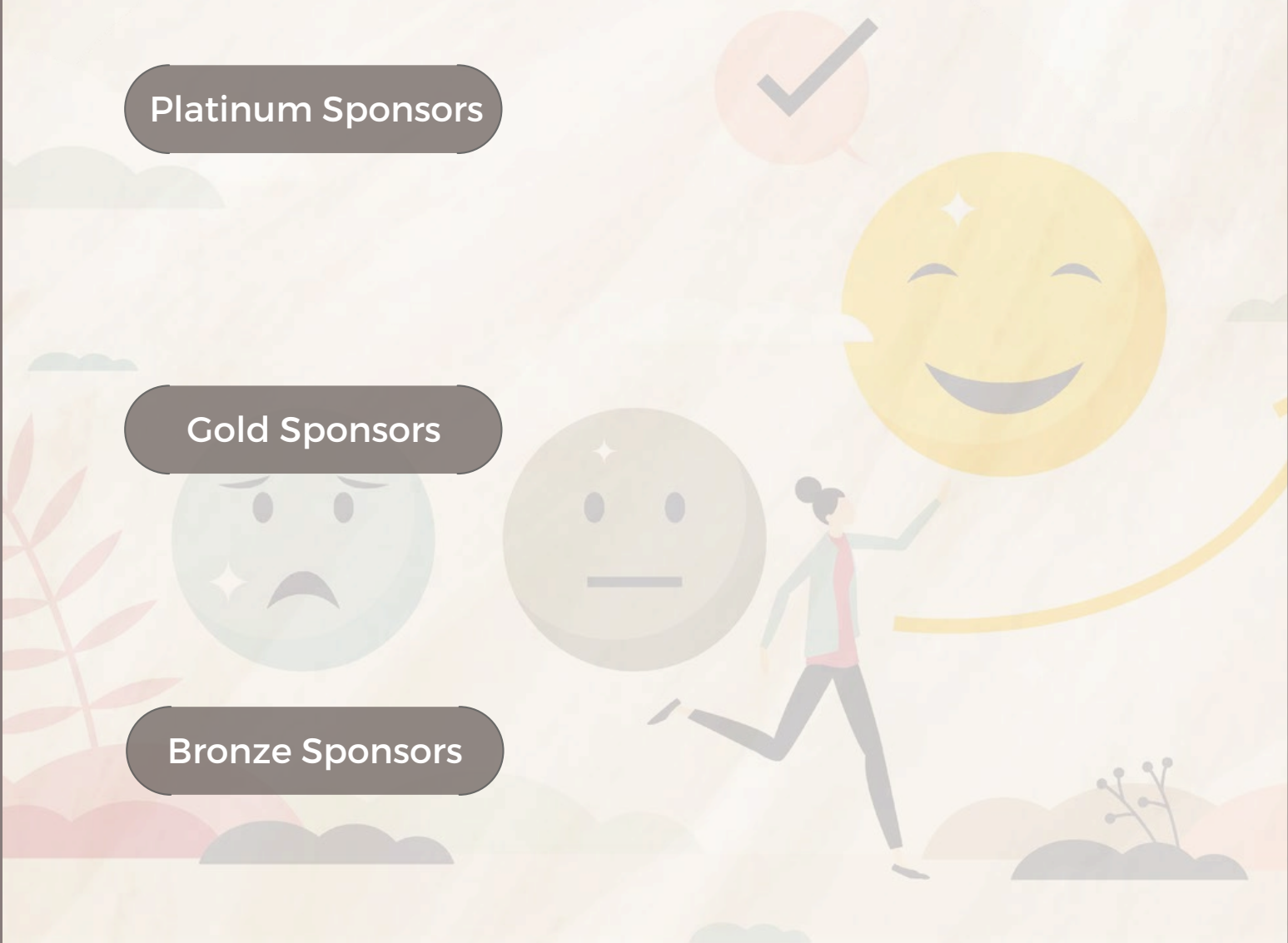
**Special
Thanks**

The organizing committee wishes to acknowledge the financial support provided by the following companies

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Thursday, 26th September 2024

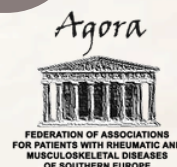
17:30 - 18:00	Registration
18.00 - 19.30	General Assembly (Conference Room)
19.30 - 22.00	Dinner at the hotel restaurant

Friday 27th 2024

Main conference Hall

10:00 - 10:30	Opening Ceremony	
	Welcome by Agora Chair	Andri Phoka
	Welcome by the Host Country	Mary Vella
	Opening of Conference by HE the President of Malta	
	Introduction to the Conference: Topics	Andri Phoka
10:30 - 12:00	Clinical trials	
	Moderator	Mary Vella
10:30 - 10.50	Clinical trials - Introductory speech / lecture 20 minutes)	

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11:00 - 12:00

Participative workshops

Main Conference Room

11:00 - 12:00

What are clinical trials and what are the benefits of participation for persons living with specific conditions?

Hall 1

11:00 - 12:00

Qualifications required for persons to participate in clinical trials

Hall 2

11:00 - 12:00

What can patients' organisations do to become involved in clinical trials

Main Conference Room

12:10 - 12:30

General remarks from the 3 workshops

3 coordinators of
the workshops

Moderator : Mary Vella

12:30 - 14:00

Lunch Break at the hotel's restaurant

Main Conference Room

14:00 - 14:30

Satellite lecture (20 minutes lecture and 10 minutes Q&A)

14:30 - 14:45

Stretching exercises

Stalo Andronikou
Papamichael

14:45 - 15:15

Satellite lecture (20 minutes lecture and 10 minutes Q&A)

16:30 - 18:30

Sight-seeing

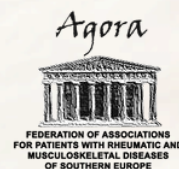
19:30 - 21:30

Gala Dinner

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Saturday, 28th, September 2024

09.45

Family photo

Main conference Hall

10.00 - 11.30

Mental Health in chronic conditions

Moderator

Sina Bujega

10.00 - 10.20

Keynote speech: Mental Health & Chronic Disease

Prof. Michael Galea
MTh (London), MSc,
Ph.D. (Loyola)

10:30 - 11:30

Participative workshops

Main Conference Room

10:30 - 11:30

Is mental health treated the same as physical health for persons living with a chronic condition? Should these approaches be considered on equal footing?

Prof. Michael Galea
MTh (London), MSc,
Ph.D. (Loyola)
Hall 1

10:30 - 11:30

Training on Self-Management, its benefits for all persons with chronic conditions

Dr Mariella Borg
Buontempo
Hall 2

10:30 - 11:30

Why is the internalization of coping skills and resilience imperative?

Speaker from
Richmond Foundation

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<https://www.agora-platform.eu/conference2024>**Main Conference Room**

11:40 - 12:00

General remarks from the 3 workshops

Moderator: Sina Bugeja

3 coordinators of the workshops

12.00 - 13.30

Lunch break at the hotel's restaurant

Main Conference Room

13:30 - 14:00

Satellite lecture (20 minutes lecture and 10 minutes Q&A)

14:00 - 15:00

Capability Building

Moderator

Sebastian Micallef

Participative workshops

14:00 - 15:00

Erasmus+ application and benefits for patients' associations

Ingrid Poldemaa

15.00 - 16:00

Strategic Planning

Sina Bugeja

Hall 1

15.00 - 16:00

Awareness campaign

Boryana Boteva

Main Conference Room

16:00 - 16:20

General remarks from the 3 workshops

Moderator: Sebastian Micallef

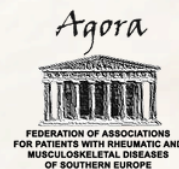
3 coordinators of the workshops

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16.20 - 16.40

Coffee Break

16:40 - 17:30

Members Organisations' Best Practice

Main Conference Room

Moderator

17:30 - 17:45

Closing Remarks/ end of the conference

Andri Phoka

19:30 - 21.30

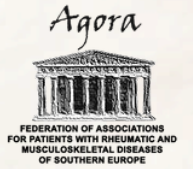
Dinner at a traditional restaurant

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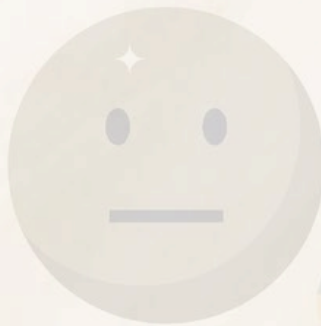
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Speakers



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