

2024 ANNUAL CONFERENCE



Malta

Agora



FEDERATION OF ASSOCIATIONS
FOR PATIENTS WITH RHEUMATIC AND
MUSCULOSKELETAL DISEASES
OF SOUTHERN EUROPE

with the
cooperation of

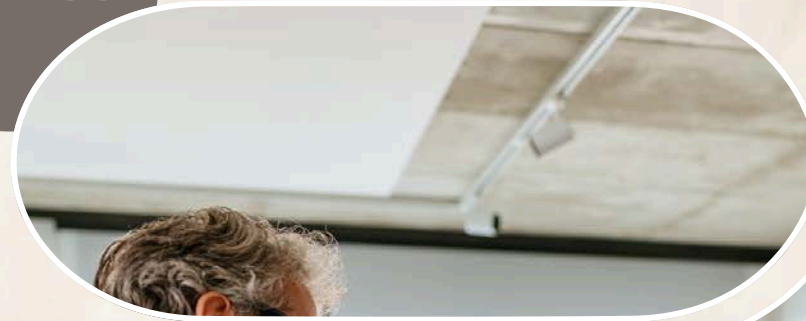


Arthritis and Rheumatism
Association Malta

26 - 28
September 2024

*Mental health & clinical trials.
Different facets for a better
future*

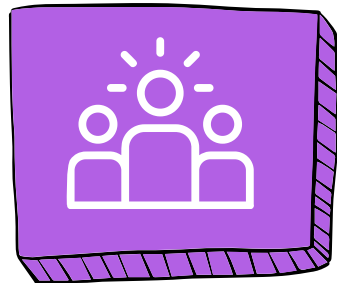
Conference Report



Conference Objectives

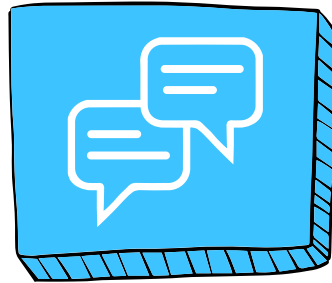
The objectives of the 2024 Agora Annual Conference, themed “Mental Health & Clinical Trials: Different Facets for a Better Future,” were designed to address critical issues faced by individuals with rheumatic and musculoskeletal diseases (RMDs) and to foster collaboration among stakeholders.

The specific goals included:



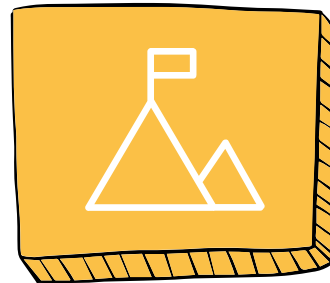
01. Education and Awareness

- **Mental Health in Chronic Diseases:** Raise awareness about the unique mental health challenges faced by patients with RMDs and advocate for parity in treating mental and physical health.
- **Clinical Trials:** Educate participants on the value, process, and outcomes of clinical trials, empowering patient organizations to promote trial participation among their communities.



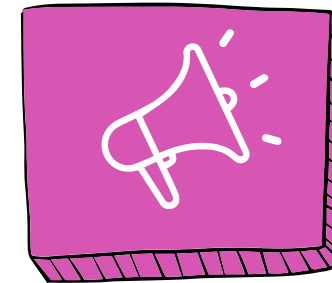
02. Capacity Building

- Provide tools and knowledge for patient associations to:
 - Develop strategic plans.
 - Enhance organizational resilience and coping mechanisms.
 - Successfully navigate funding opportunities, including Erasmus+ applications.
- Strengthen advocacy efforts through awareness campaigns and patient empowerment initiatives.



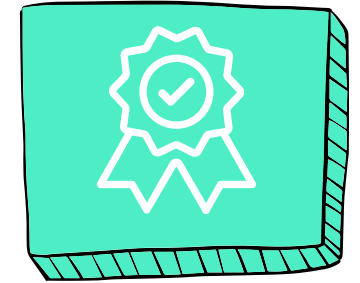
03. Sharing Best Practices

- Facilitate knowledge exchange among member organizations through the presentation of successful projects and initiatives in patient support and advocacy.
- Highlight innovative approaches to addressing the needs of individuals with RMDs.



04. Networking & Collaboration

- Create opportunities for meaningful dialogue among patient representatives, healthcare professionals, and stakeholders from across Europe.
- Foster partnerships that will support the development and implementation of impactful programs for individuals with RMDs.



05. Advocacy for Better Care

- Advocate for integrated care models that include mental health support alongside physical health management for chronic disease patients.
- Promote patient-centric approaches in healthcare systems, emphasizing the role of patient organizations as essential partners in clinical research and care.

Long-Term Vision

- Inspire attendees to adopt actionable steps for improving the lives of patients in their communities.
- Strengthen Agora Federation’s position as a leader in representing and empowering patient organizations across Southern Europe.

SPONSORS

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CONFERENCE IN NUMBERS





50 participants from 13 members associations from 10 countries



KEY OUTCOMES



Clinical Trial Education for Patient Associations

Enhanced understanding of clinical trials' benefits and processes among patient associations



Mental Health Integration in Chronic Care

Raised awareness of the critical importance of integrating mental health support into chronic disease management



Strategic Capacity Building for Advocacy

Fostered capacity-building through practical workshops on strategic initiatives and funding opportunities

EVENT MATERIAL

welcome screen



Roll up

screen at secretariat area

EVENT MATERIAL

PROGRAMME

2024 ANNUAL CONFERENCE

Agora
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OF SOUTHERN EUROPE

PROGRAMME

Malta

26-28 September 2024

*Mental health & clinical trials.
Different facets for a better
future*

The poster features a central graphic of a map of Malta, surrounded by circular images of people in various settings: a man and woman talking, a woman smiling, and a group of people. The background is a light, textured pattern.

Program

5 | PROGRAMME

2024 ANNUAL CONFERENCE

**Mental health & clinical trials -
Different facets for a better future**

26- 28 September 2024

<https://www.agora-platform.eu/conference2024>

Special Thanks

The organizing committee wishes to acknowledge the financial support provided by the following companies

Diamond Sponsor

AMGEN
Rare Disease

Supporter

ALFASIGMA

The page features a light, textured background with a central illustration of a person running towards a large, smiling sun. The sun is yellow with a face, and the person is a simple grey figure. There are also some stylized plants and clouds in the background.

EVENT MATERIAL

Congress badge



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Organiser



with the cooperation of



Sponsorship opportunities



**AGORA
CONFERENCE 2024
MALTA
27-28/09/2024**

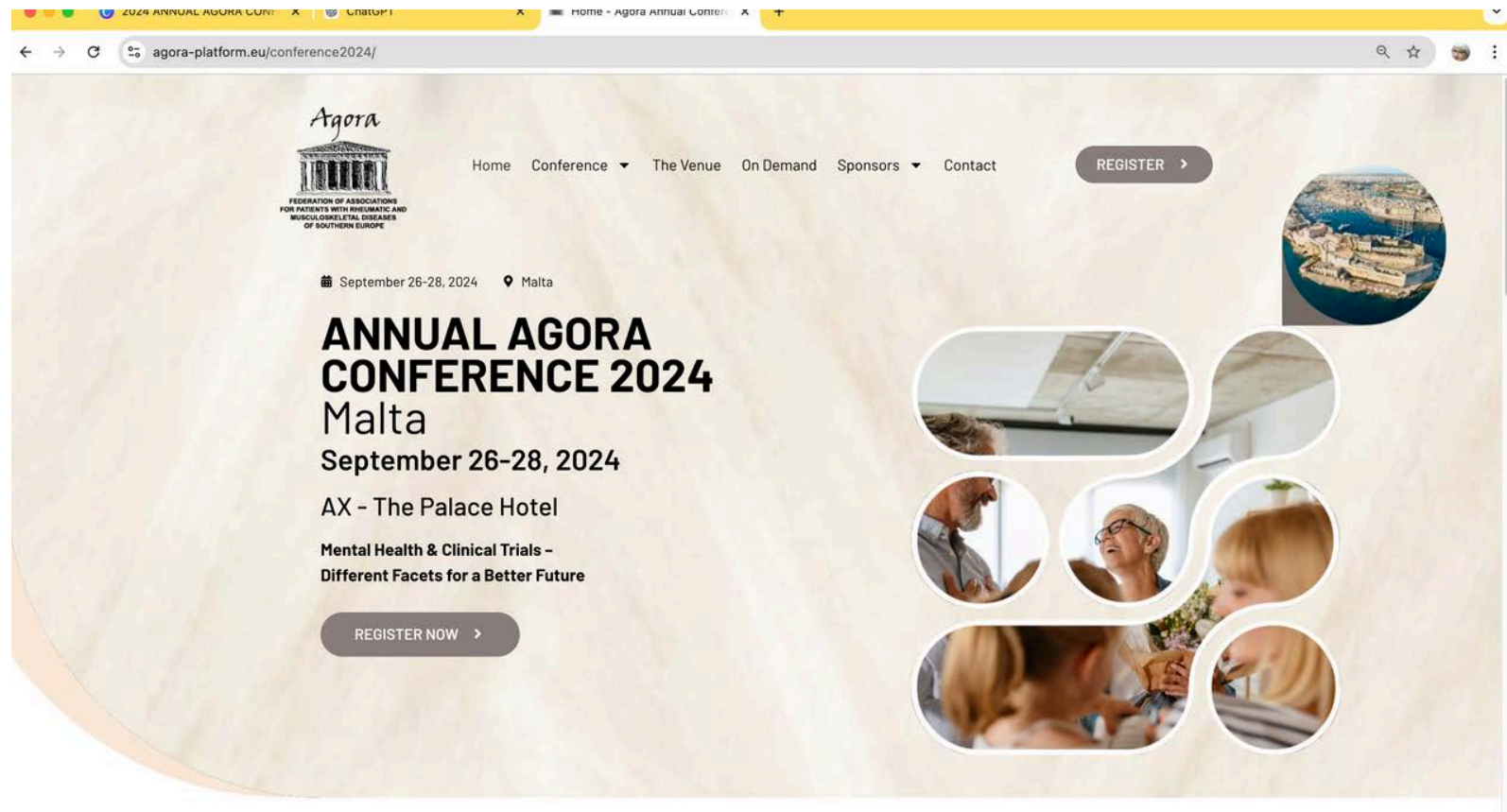


<https://www.agora-platform.eu/conference2024>

PROMOTION ACTIVITIES

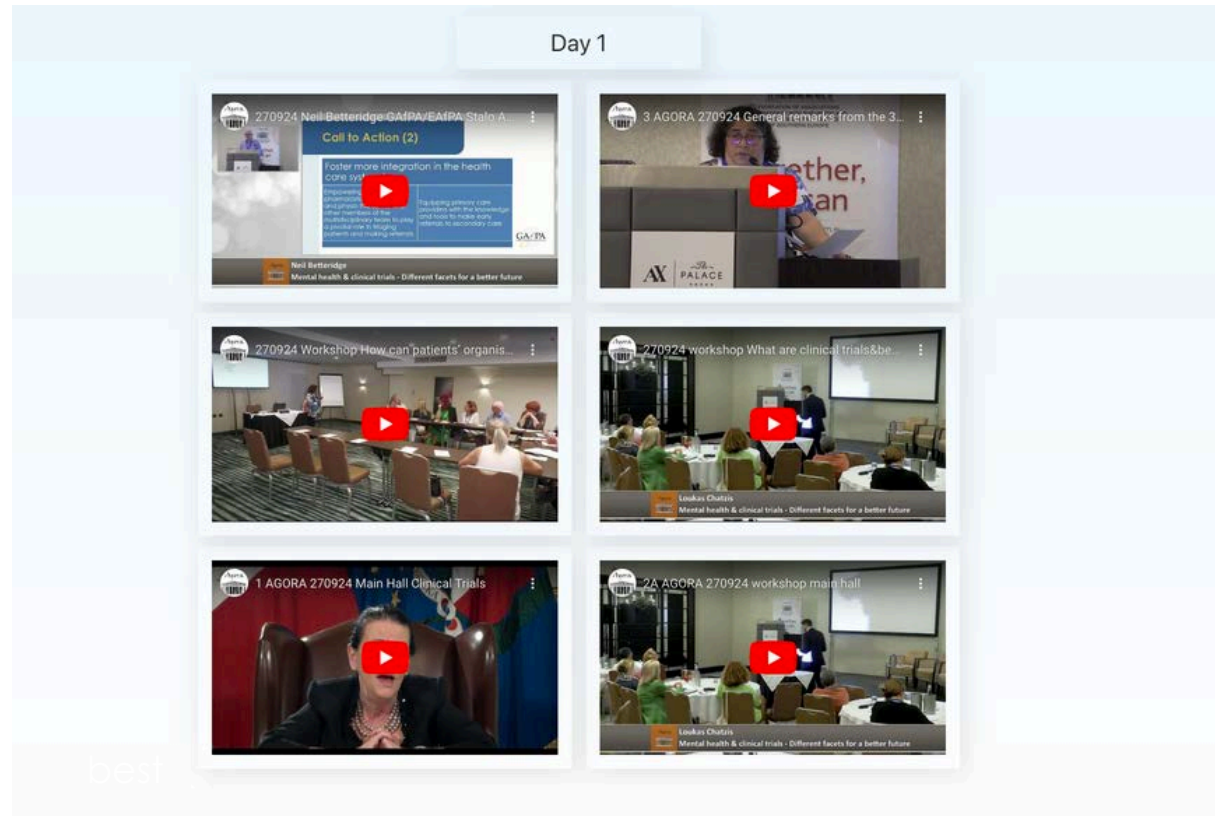
<https://www.agora-platform.eu/conference2024/>

Website

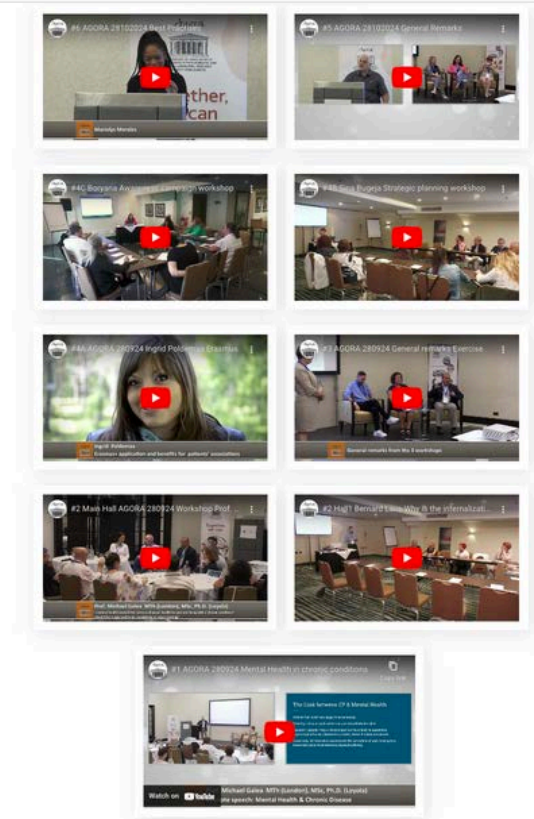


PROMOTION ACTIVITIES

Conference sessions on demand by the end of October 2024



On Demand
On Demand Day 1...
Agora Annual Conference 2024



PROMOTION ACTIVITIES

Posts in Agora's social media accounts

From my network Past 24 hours Past week

AGORA PLATFORM FOR PATIENTS WITH RMDs · 1st
AGORA is a federation representing patient organizations of people with ...
3mo · 🌐

Our Annual conference in Malta is officially on!
[#AGORA_Platform](#) [#conference](#) [#RMDs](#) [#advocacy](#)

2024 ANNUAL CONFERENCE

Agora
FEDERATION OF ASSOCIATIONS
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PROGRAMME

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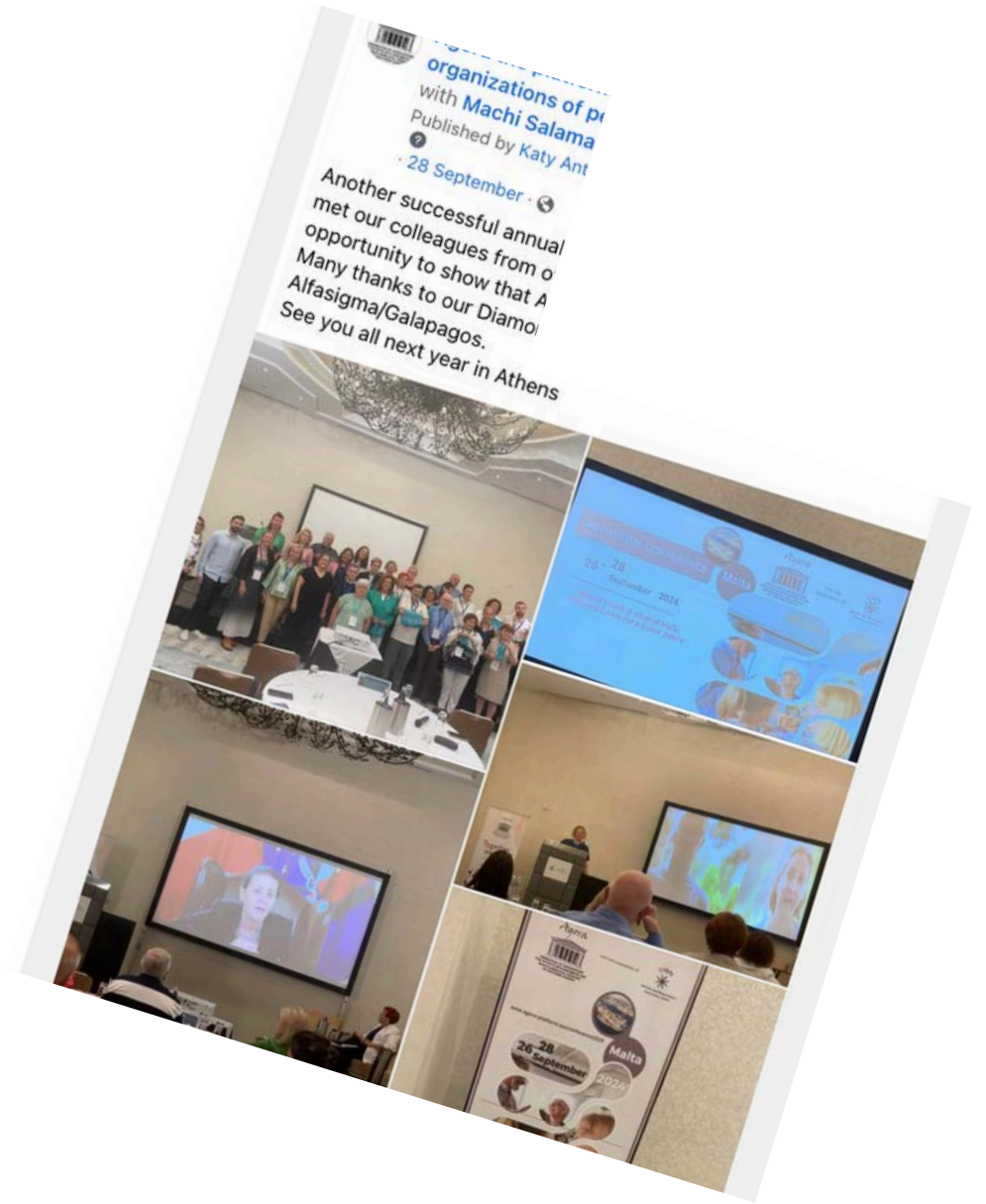
*Mental health & clinical trials.
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AGORA PLATFORM FOR PATIENTS WITH RMDs · 1st
AGORA is a federation representing patient organizations of people with ...
2mo · Edited · 🌐

Yesterday we officially kicked off with the welcome from the host country and organization, ARAM, and a welcoming message by H.E. Myriam Spiteri Debono, President of Malta. ...more

You and 9 others · 2 reposts

Like Comment Repost Send



PROMOTION ACTIVITIES

DMs to our members



Dear Valuable Members and Collaborators,

We're excited to invite you to the highly anticipated General Assembly and the Annual AGORA Conference! This premier event is your chance to engage with industry experts and thought leaders who will share invaluable insights on Clinical Trials, Mental Health in clinical trials, and Capability Building Programs. Prepare for an inspiring experience with captivating keynote speeches, hands-on workshops, and unparalleled networking opportunities. Don't miss out on this exceptional event! Secure your spot now by clicking the registration link below: [Register Now \(https://www.agora-platform.eu/conference2024/register/\)](https://www.agora-platform.eu/conference2024/register/) Join us at the AGORA CONFERENCE and be part of an enriching journey that promises to elevate your knowledge and expand your professional network. If you have any questions or need further information, feel free to reach out to us. We can't wait to welcome you!

Thank you for your joining us
Annual Conference Task Force



Help is a click away!

Our Communications Head, and Conference Lead, Katy Antonopoulou, communications@agora-platform.eu is available 24/7 to help you.

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Subject: Final Countdown to Our Conference and final program
Date: Thursday, 19 September 2024 at 8:36:26 PM Eastern European Summer Time
From: Katy Antonopoulou
To: info@apmar.it, koutsogiannikaterina01@gmail.com, jasicicijana@gmail.com, sandra.metsaia@gmail.com, president@agora-platform.eu, kadi.heinmaik@birp.ee, sandronicou@gmail.com, liatbarkan@mfrakim.org.il, borianaboteva@gmail.com, ispassova@gmail.com, gruber10@012.net.il, etafrazaomateus@gmail.com, maryvillamalta@gmail.com, apostolou.n@unic.ac.cy, sina.bugejs@gmail.com, 'igor Medojevic', Sara Severoni, Moun Zakaoulaki, ingrid@reumatit.ee, greta@reumatit.ee, moralesmarioly@gmail.com, sebastian.micallef29@gmail.com, Nail Betteridge, Mariella Borg Buontempo, Bernard Laus, Loukas Chatziz, michael.galea@um.edu.mt
CC: president@agora-platform.eu, sebastian.micallef29@gmail.com, borianaboteva@gmail.com, ana@agoreneurope.org, Athanasia Pappa, secretariat@agora-platform.eu
Attachments: Final Prog Agora 2024 Malta (2).pdf

Dear All,

I hope this message finds you well.

As we are now just 7 days away from our General Assembly and Annual Conference, I am pleased to share with you the final program, attached to this email.

We would also like to take this opportunity to extend our heartfelt thanks to our sponsors, **AMGEN** and **ALFASIGMA**, for their generous support, which has made this event possible.

We look forward to seeing you soon!



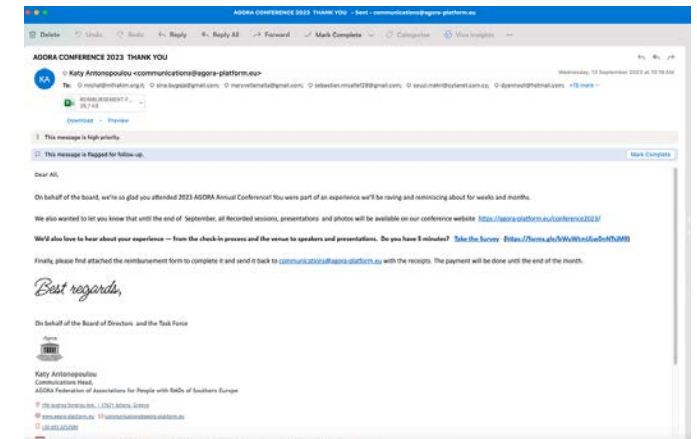
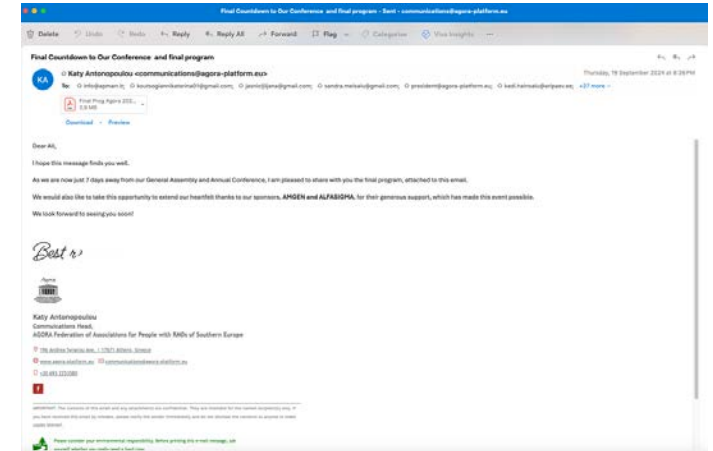
Katy Antonopoulou
Communications Head,
AGORA Federation of Associations for People with RMDs of Southern Europe

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CONCLUSION

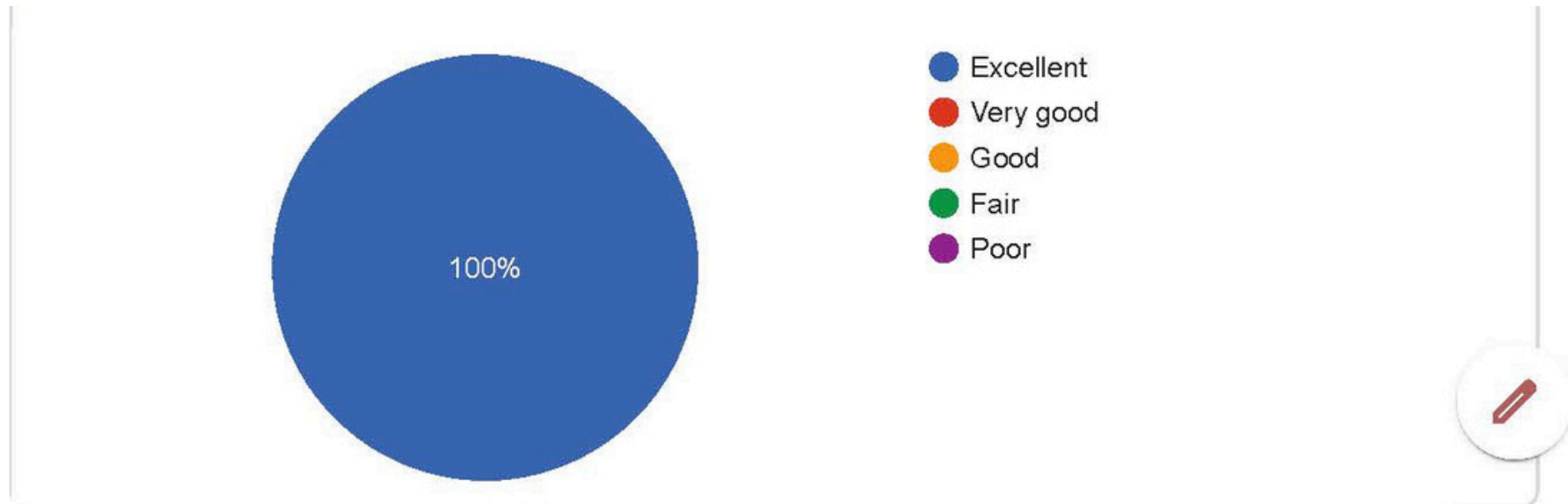


The 2024 Agora Annual Conference successfully brought together patients, healthcare professionals, and advocates to address pressing issues in mental health and clinical trials. It reinforced the importance of collaborative efforts to create a better future for individuals with RMDs. Agora's commitment to patient advocacy and empowerment remains a cornerstone of its initiatives, paving the way for continued progress in the years ahead.

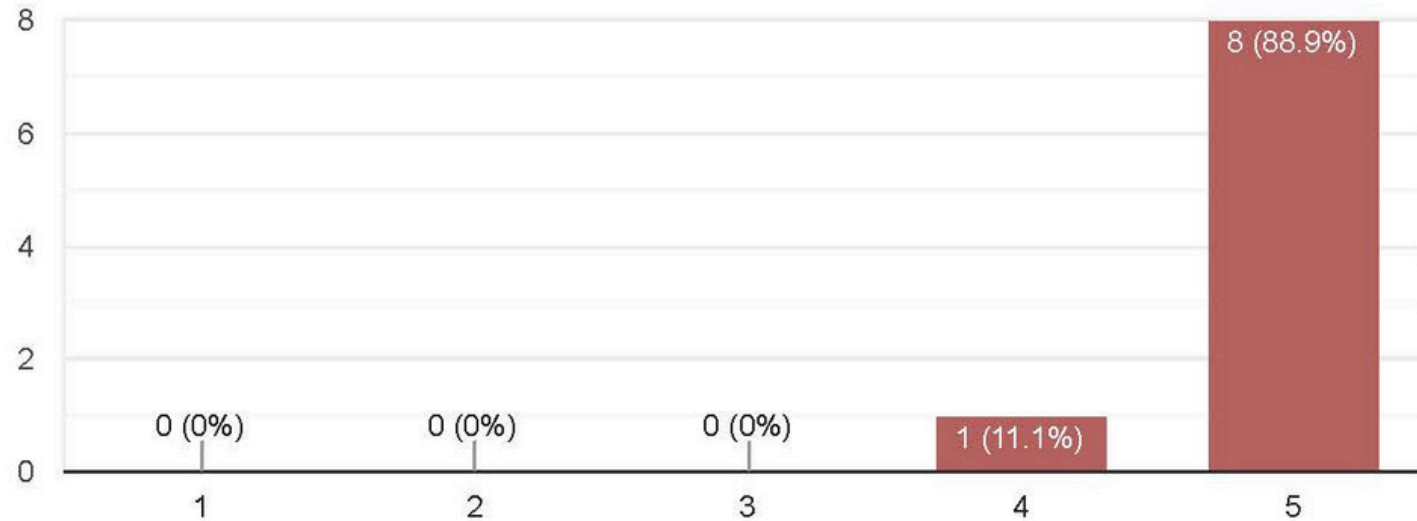


Evaluation

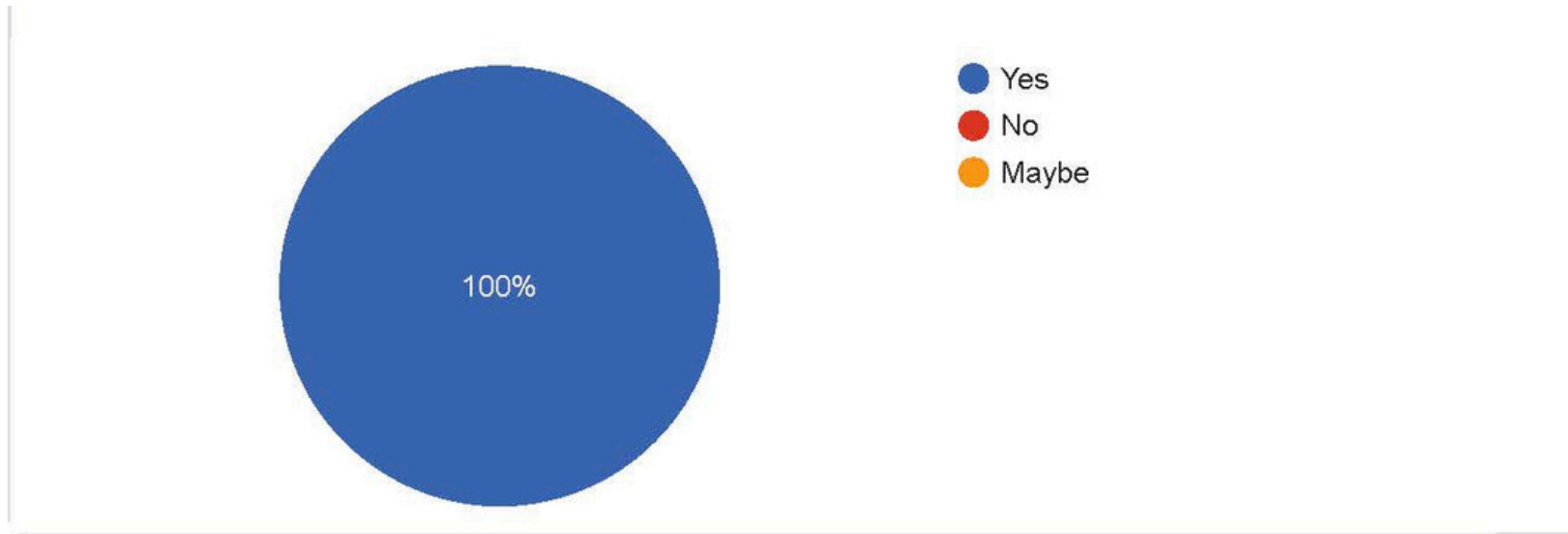
How would you rate your overall experience of the 2024 Annual Agora Conference?



How interesting did you find the conference topic? (1: Not Interesting, 2: Little Interesting, 3: Neutral, 4: Interesting 5: Very Interesting)



Did the conference content help you acquiring new information or develop new skills?



Which aspects of this conference did you find were most useful or valuable?

Clinical trials, best practices, workshops

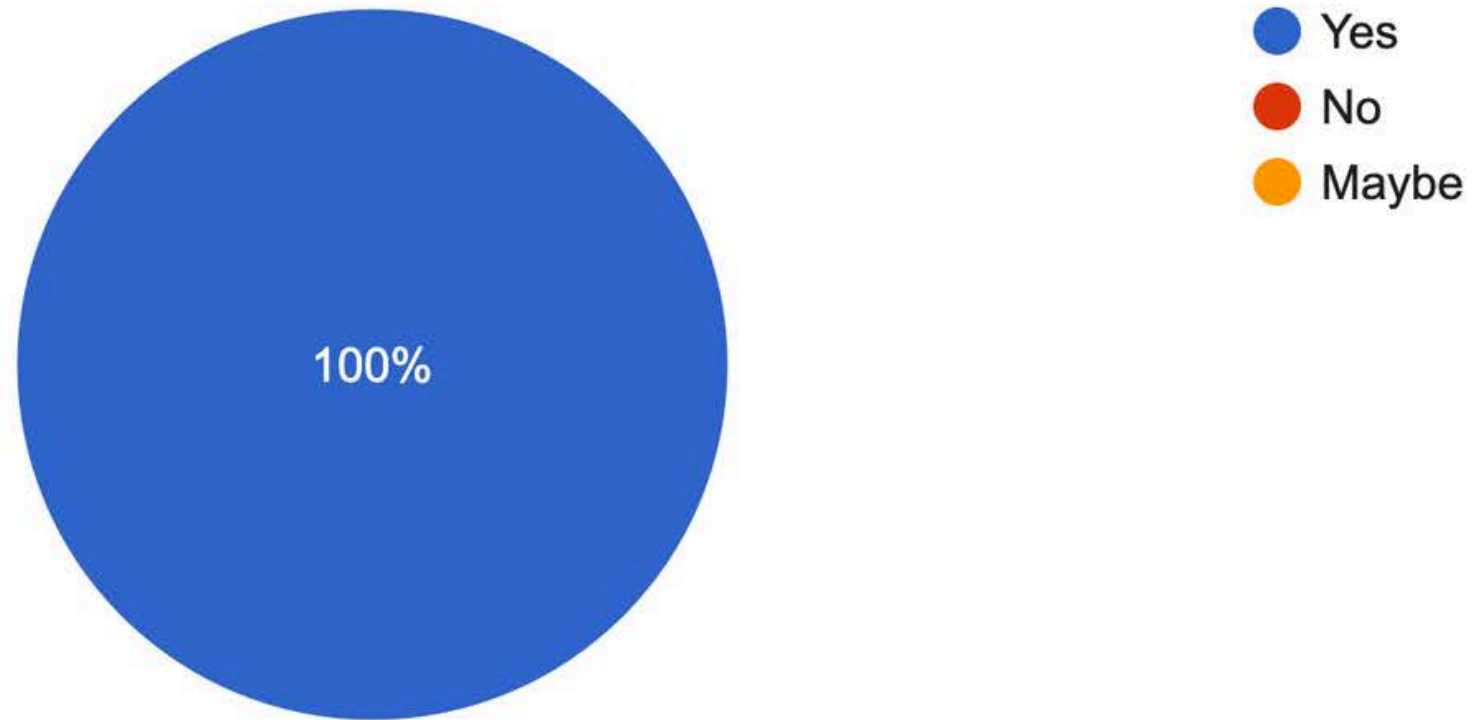
The awareness one

Experience sharing and also subject matter experts presentations.

N/A

the Knowlagentn about clinical trials and how we can contribute as assosiations

Did the conference meet your overall expectations?



Based on your experience in Malta, what would you like to suggest us in order to improve AGORA's future conferences?

more information for a better quality of life for patients. psychological state
physical condition and
diet

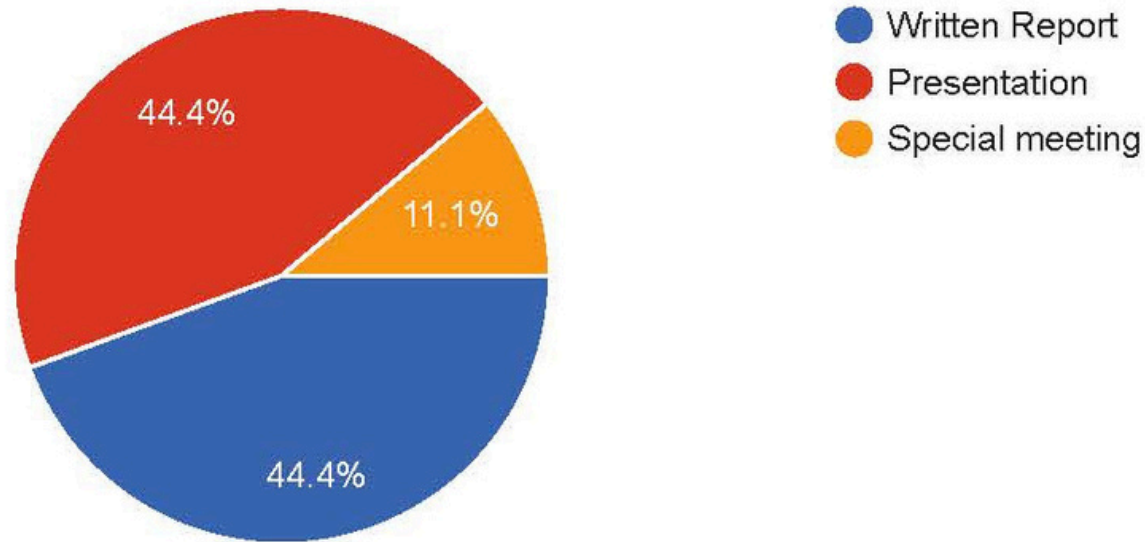
only one comment: The dinners were too far from the hotel...

Include training on topics that are of interests of every one - like funding, digital marketing for NGOs for patients recruitment, opportunities for international collaboration and mutual training, inclusion of medical scientists presenting upcoming treatment, upcoming regulatory changes.

N/A

nothing it was very good planed and executed.

How do you intend to disseminate the key information and conclusions that came out from the Conference within your own organisation?



What is the most important key learning that Agora should take from this conference?

What is the most important key learning that Agora should take from this conference?

4 responses

It is understanding what is clinical trials.

How to evolve in the future, how to grow in terms of inviting new organization.

how more can we contribute for the overall community- like the clinical trials. and more collaborations between us.

Learning about clinical trials

Photo Page





Thank You

Agora



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OF SOUTHERN EUROPE

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